

Autism Update Health & Wellbeing Board

23rd June 2020
(postponed from March 2020)

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Bath and North East Somerset – *The place to live, work and visit*

This paper updates members of the Health and Wellbeing Board on:

- » Autism Partnership and progress made since the last update to the Board.
- » Work taking place at a locality level in B&NES to review and update the B&NES Autism Strategy and improve local provision.
- » Highlight the work planned across the B&NES, Swindon and Wiltshire CCG footprint

The Board is asked to:

- » Note the content of this paper and progress made in many areas since the last report to the Board in January 2019
- » Make any recommendations to further the development of the B&NES Autism Strategy and its implementation
- » Consider the proposal to adopt the Ambassadors for Autism Scheme in B&NES

The recommendations of this report contribute to the following aims:

- » Improve support for families with complex needs
- » Improve support for people with long term conditions
- » Promote mental wellbeing and support recovery
- » Improve skills and employment
- » Take action on loneliness

Legislation & Statutory Guidance

- » Autism Act – 2009
- » 'Fulfilling and Rewarding Lives – 2010
- » Think Autism Strategy – 2014
- » The Children & Families Act (2014)
- » Statutory Guidance – 2015
- » Review of the Autism Strategy – 2019
- » NHS Longterm Plan - 2019

NHS Longterm Plan 2

- » The 2019 NHS Long Term Plan contains a commitment to do more across the NHS “to ensure that all people with a learning disability, autism, or both can live happier, healthier, longer lives”
 - » Tackling the causes of morbidity and preventable deaths
 - » Improving understanding in the NHS of the needs of people with learning disabilities and autism, and working together to improve their health and wellbeing
 - » Working to reduce waiting times for specialist services
 - » Moving more care to the community and supporting local systems to take greater control over how budgets are managed
 - » The Long Term Plan commits to halving inpatient provision for people with a learning disability and/or autism by 2023/24, compared to 2015 levels

Progress since January 2019

- » Relaunch of Autism Partnership Group
- » **Our vision** is that everyone with autism, whether living, working or visiting B&NES will have the opportunity to 'choose' the life they want to live. B&NES will support this by building an inclusive community that understands.

Values and Principles

- » Autistic people will be involved at all stages of decision making about the things that affect them. People will be empowered to have a voice giving them choice and control in all aspects of their lives
- » Guidance, information and support will be made available and accessible, using a person centred approach to make reasonable adjustments.
- » Through working alongside and listening to those with autism and those who support them, we will be flexible and responsive to changing needs, respecting people's individual views.
- » Autistic people can access what they need when they need it. They will have access to an inclusive community including health, social care and mental health services education and training, employment, transport and housing.

Progress since January 2019 II

- » Reducing waiting times
- » Engagement
- » Promoting reasonable adjustments
 - » Ambassadors for Autism Scheme
- » Clarification of mental health pathways for autistic adults

BaNES Wiltshire Swindon (BSW)

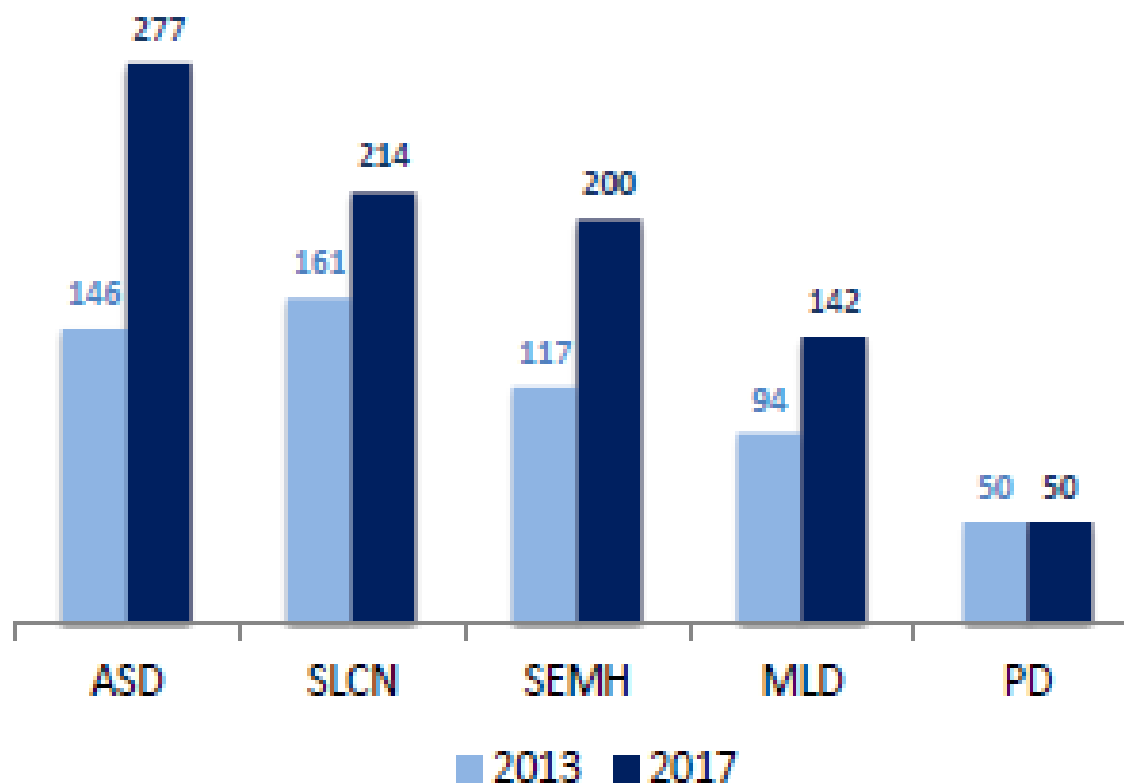
Operating Plan

- » Our vision is to improve the quality of life for individuals with a learning disability and/or Autism and their families. To have equitable provision across BSW, which delivers effective holistic care as close to home as possible from early life through to end of life and receiving access to the same services as any without a learning disability. We are committed to co co-create improved pathways to support people and families in crisis by providing early intervention and support and reduce preventable out of area admissions

Needs profile and trends – Children and young people

- » Between January 2013 and January 2017 there has been a 90 per cent increase in the number of children and young people with a Statement or EHC Plan maintained by B&NES who have a primary need diagnosis of ASD
- » about 1 in 4 of our children with an Education, Health and Care Plan have a primary diagnosis of autism, 4 out of 5 of this cohort are male, although there is a growing body of academic research indicating that girls are not being identified early enough

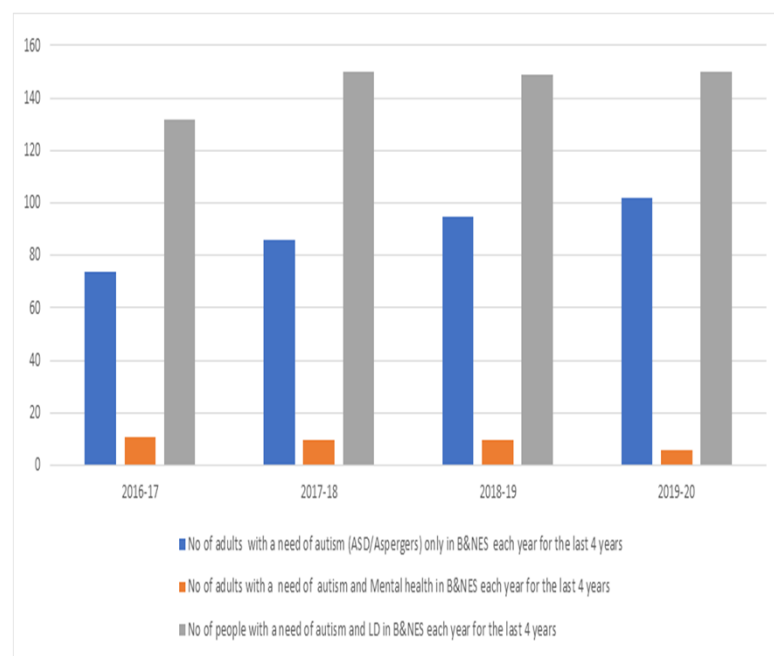
B&NES LA Maintained Statemented/EHCP cohort, top five
primary need types, Jan 2013 and Jan 2017



Needs profile and trends - Adults

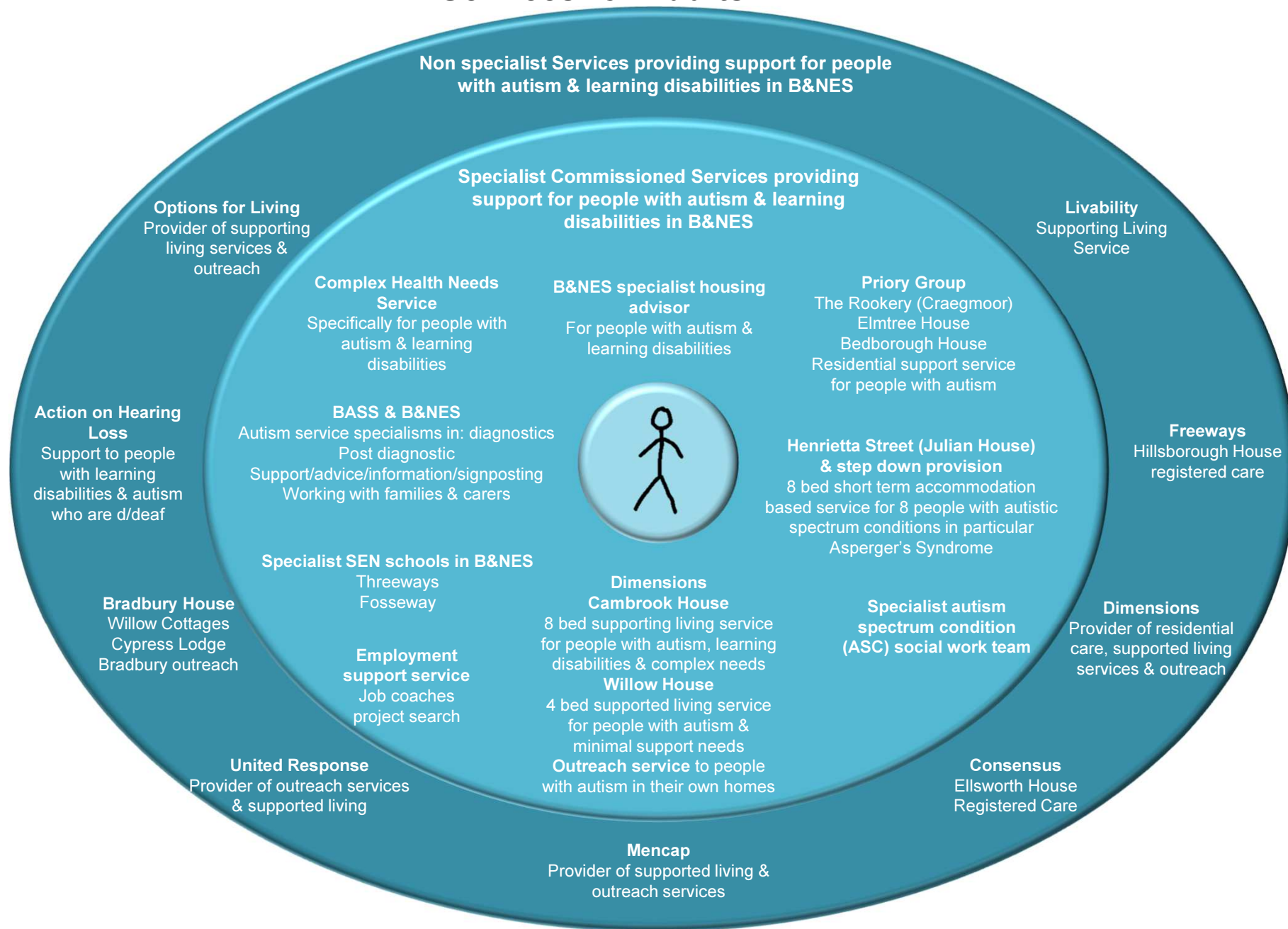
- » National prevalence of autism is estimated to be around 116 per 10,000 of population. This suggests that there are 1635 people living in B&NES with an autistic spectrum condition. (18-64 years)
source - PANSI and POPPI
- » We expect to see these numbers increasing by 8% by 2030. Source - PANSI and POPPI (18-64 years)

No. of adults with autism only/autism & MH/ autism & LD



» Data from Liquid Logic shows a small but steady growth over last 4 years in the number of autistic adults in receipt of social or health care (74 in 2016/17 compared with 103 in 2019/20) and autism and LD (from 132 in 2016/17 to 150 in 2019/20).

Services for Adults



Services for children and young people

- » Children's Centres – Action for Children & First Steps
- » Bath Opportunity Playgroup
- » Area SENCOs
- » Brighter Futures
- » BANES Educational Psychologists
- » Virgin Care - Paediatricians, Speech and Language Therapists, School Nursing and Sensory Support
- » RUH – OT & Physiotherapists
- » ASD Support Service
- » CAMHS
- » Short Breaks
- » Children's Therapies at the RUH – Physiotherapy & Occupational Therapy
- » Sensory Support
- » Student and Family Support Services

Priority 1

Joined up commissioning and delivery

- » Health, education and social care working better together to deliver more effective, joined up care
- » Children and Adult services working better together to deliver more effective, (all age) joined up care and better planned and supported transitions.
- » A better understanding of current and future needs
- » Better health and wellbeing
- » Meaningful engagement and consultation in the commissioning process

Priority 2

Improving access to diagnosis and post diagnosis support

- » Diagnostic and post diagnostic pathways for children and adults are clear, accessible and easy to understand
- » People are able to access diagnostic services within timescales required under the NICE guidelines
- » Diagnoses are delivered in a timely way
- » A range of information, advice and support services is available and easily accessible for people with autism, their families and carers in B&NES
- » Improved access to mental health and therapeutic services

Priority 3 – Getting the right support at the right time

- » Education, learning, employment, volunteering, and training
- » Relationships
- » Housing including supported living
- » Life transitions
- » Support for carers

Priority 4 - Increasing awareness and understanding of autism across the whole community

- » Community acceptance and awareness of autism leading to enhanced social inclusion
- » Being safe in the community
- » Awareness and training in services, for professionals and the community
- » Information, signposting, advice, advocacy and training

Next steps

- Draft All-age Autism Strategy and Action Plan to go out to consultation in October 2020
- Final draft to be presented for sign off in December 2020
- The Action Plan will be a dynamic document – progress will be reported to and monitored by the Autism Partnership

ANY QUESTIONS?

THANK YOU!